



8815 S. Tacoma Way, Suite 120, Lakewood, WA 98498 (253)625-7606

Quality Medical Care in the Comfort of Your Home

Fall Prevention Program

Problem

- Over one-third of adults 65+ fall each year
- 20-30% of falls cause moderate to severe injuries.
- Nearly 1.8 Million people 65+ are treated annually in ER's for nonfatal injuries from falls.
- At least one-third of all falls involved environmental hazards in the home.
- Two-thirds of those who fell will fall again within six months.



Wellspring Home Health Center recognizes the importance of fall prevention and has developed training, oversight, and procedures to help reduce the chances of injury. By taking these steps, the chances for falls is greatly reduced and keeps our older adults safe.

SOLUTION

Step 1 – Needs Assessment & Home Inspection

Wellspring Home Health Center conducts a complimentary personalized need assessment and home inspection to insure safety and reduce risk of repeated falls.

- Hygiene- Transfer Benches, chairs, hand Held Shower head all need to be accessed.
- Grab bars- Properly installed in high risk areas
- Transfer are properly prepared
- Toileting – Procedures & proximity for ease of use
- Entrances & Pathways – Getting in/out, reducing tripping hazard

Step 2- Care Giver Training

- An aide is carefully chosen based on clients needs assessment with caring compassion
- **Wellspring Home Health Center** schedules training sessions with client, aid and therapist
- This Keeps consistency in transfers and exercise while providing a chance to regain a level of independence.

Step 3- RN Supervision/Monitor Progress

Once home, a formalized RN Plan of Care is developed and monitored via supervisory visits. This helps track compliance and progress via documentation to ensure we are providing the best services as promised.

Wellspring Home Health Center, LLC

8815 S. Tacoma Way, Suite 120, Lakewood, WA 98498 Office: (253) 625-7606 Fax: (253) 625-7079